

Sports Physicals

In order to begin tryouts/practice for their sport, students must have a current Sports Physical (***dated after April 15 of the previous school year***) on file with the Athletic Department. Athletes may bring their physical forms with them to tryouts.

We have been recently informed that the physicians in Traverse City, who have been providing sports physicals for our athletes for many years, are no longer available for this service. Their recommendation is to get a physical by a primary care physician. As this is a significant change, we wanted to make parents aware that **ALL STUDENT-ATHLETES WILL HAVE TO HAVE A PHYSICAL DATED ON OR AFTER APRIL 15, 2015, BY SCHEDULED APPOINTMENT WITH A MEDICAL EXAMINER (MD, DO, PA, OR NP), IN ORDER TO PARTICIPATE IN ATHLETICS DURING THE 2015-2016 SCHOOL YEAR.** We are no longer able to offer the athletic physicals at a school site.

PHYSICALS FOR ALL FOOTBALL PLAYERS MUST BE TURNED IN BY AUGUST 9th!

Sports Physicals



It is coming up on sports physical season. As a reminder the Youth Health & Wellness Center (YHWC), part of the Grand Traverse County Health Department, does sports and comprehensive physicals year round for youth ages 10-21.

YHWC is open all summer long and can see your child for a comprehensive sports physical before the fall sports tryouts begin! You don't need to wait until the season is about to start, a sports physical given any time after April 15th is good for the entire school year.

Schedule an appointment for your child for the months of April, May & June and mention this article to receive a \$5 discount (now only \$15) on the cash price of a physical (and depending on insurance plan and other factors you may qualify for a free physical).

Youth Health & Wellness Center

Office hours 8:30 a.m. – 4:30 p.m., Monday – Friday

Call for an appointment: (231) 922-6416

Walk-ins welcome if time is available

YHWC is a Medicaid enrollment site and can help you get medical coverage for your child.

About the Author: Chris Roggen is the Adolescent Health Supervisor at Youth Health & Wellness Center.